

ORTHO-K SOLUTION/EQUIPMENT SUMMARY

	ITEM	HOW TO USE
<p style="text-align: center;">Lens Plus Saline Solution</p> <p style="text-align: center;">RINSE</p> <p style="text-align: center;">NEVER USE WATER TO RINSE CONTACT LENSES</p>		<p>Rinse lenses with Lens Plus anytime your contact lenses have been in contact with the cleaning solution.</p> <ol style="list-style-type: none"> 1) After lenses are removed from case to rinse off the Menicare Plus cleaning solution 2) After cleaning lens with Menicare Plus cleaning solution, to remove the used cleaning solution before storing overnight
<p style="text-align: center;">Menicon Menicare Plus Cleaning Solution</p> <p style="text-align: center;">CLEAN/SOAK</p>		<p>Store contact lenses in the storage case with this solution during the day. Empty old cleaning solution from the case and air dry case overnight.</p> <p>After rubbing contact lenses with the cleaning solution, rinse with Lens Plus Saline and then fill the case with the new Menicare Plus Cleaning Solution in the morning.</p>
<p style="text-align: center;">Systane Balance Eye Drops</p> <p style="text-align: center;">FILL CONTACT LENS</p>		<p>These milky eye drops will act as a cushion between the contact lens and your eye. Fill your lens up to the top with Systane Balance to avoid any air bubbles.</p> <p>If the lens is filled to the top and there are bubbles, use the end of the eye dropper to pop the bubbles before inserting into the eye.</p>
<p style="text-align: center;">Lens Remover/Sucker</p> <p style="text-align: center;">FOR REMOVAL</p>		<p>Discard the original case the lens remover/sucker comes in. Always store lens remover/sucker in a clean and dry space. Refer to the instruction booklet for a step-by-step guide for removing lenses.</p> <p><u>Cannot be used to insert lenses.</u></p>
<p style="text-align: center;">Systane Ultra Eye Drops</p> <p style="text-align: center;">FOR REMOVAL</p>		<p>Before removing contact lenses place 1-2 drops of Systane Ultra in each eye. This creates a coating on the lens for the remover/sucker to attach to, making it easier to remove the lens.</p>
<p style="text-align: center;">Storage Case in Menicon Progent Box</p> <p style="text-align: center;">STORAGE</p>		<p>Store contact lenses in the taller case from the Menicon Progent Box. Always fill with new Menicon Menicare Plus Cleaning Solution when placing lenses in case.</p> <p>Air dry case overnight while wearing contact lenses.</p>
<p style="text-align: center;">Menicon Progent Cleaning</p> <p style="text-align: center;">FORTNIGHTLY DEEP CLEAN</p>		<p>Use the shorter case in this pack and A + B solutions for your deep cleaning procedure.</p> <p>Refer to the second last page of the instruction booklet for each step.</p>

Extra:

<p style="text-align: center;">Oxybuprocaine Eye Drops</p> <p style="text-align: center;">BEFORE INSERT</p>		<p>Anaesthetic eye drops make the insertion of the lens more comfortable.</p> <p>Your optometrist will give you this <u>only if necessary.</u></p>
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