

# *Keratoconus*

I spent year seeing tracers  
Had double vision and blurred sight  
Didn't know I had the choice,  
To put an end to my plight

I tried many optometrists  
I had eye tests galore  
Was once told I was lazy,  
To just "focus more"  
I was diagnosed as short sighted  
Given a spectacle prescription  
Later I was told of a condition  
The symptoms matched my description

Knowing this thing had a name  
Didn't come as a bonus  
It couldn't change the fact  
I have keratoconus  
I researched the diagnosis,  
To learn the how's and the why's  
Of why I'd been cursed  
With these two faulty eyes

Usually starting in the teen years,  
Most agree it's progressive  
It can take years to worsen  
Or can be quite aggressive  
The key feature's the cornea  
Generally rounded for most  
It's more conical for patients  
Where this disease takes up host

I was sent to Marketown Optical  
To meet yet another optom  
At first I was quite sceptical  
Of meeting Heidi or Dom  
I booked a meeting with Heidi  
And soon all my fears died  
She specialised in my problem  
There was someone on my side

I said I hate RGP lenses  
"They're just not for me"  
She said it would be worth it  
When I could finally see  
I pushed past the discomfort  
And now I know she was right  
I can't thank Heidi enough  
For restoring my sight

Now my Keratoconus  
No longer dictates what I see  
It's only part of my life  
This disease won't define me